

COVID-19 Guidance for Parents/Carers in Bedford Borough Education Settings From 11 Jan 2022

For any **SUSPECTED** or **CONFIRMED** case of COVID-19 in a young person please follow the flow chart below.

SUSPECTED case if child/young person has COVID-19 **symptoms**

Key symptoms:

- A new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia).

Additional symptoms that may be early warning signs of COVID-19 in children include upset stomach, headache, sore throat, unusual fatigue.

Book a **PCR test** as soon as possible online via the website www.nhs.uk/coronavirus. Alternatively a PCR test can be ordered by phone on **NHS 119** for those without the internet.

Ensure child/young person isolates at home until test result

Who else needs to isolate?

The rest of the household **does not** need to isolate if they are :

- **Under 18 and 6 months and/or**
- **Double vaccinated and/or**
- **Part of a COVID Vaccine trial and/or**
- **Can not have a COVID vaccine for medical reasons (as confirmed by a medical professional).**

If **none** of the above apply then the household contacts **must** isolate **until test result**.

Result of test

(notify setting as soon as possible).

NEGATIVE

POSITIVE

Young person can return to setting once well, any household contacts can stop isolating.

- You are exempt from testing by **PCR** within 90 days of a positive test result, unless you develop new symptoms. You can continue to test with LFD tests.
- LFD tests are used for identifying Covid-19 infection where there are no symptoms and should **not** be used if you have any symptoms.

CONFIRMED case(s) following a Positive **PCR** Test

Inform the setting of positive test. Young person must self- isolate. **ALL household contacts of a positive case should follow Government guidance.**

The rest of the household **does not** need to isolate if they are:

- **Under 18 and 6 months and/or**
- **Double vaccinated and/or**
- **Part of a COVID Vaccine trial and/or**
- **Can not have a COVID vaccine for medical reasons (as confirmed by a medical professional).**

Household contacts of a positive case over 5 years old, who do not need to isolate, are strongly encouraged to take a daily lateral flow device test (LFD) for 7 days and should only attend their setting if their lateral flow test is negative.

If **none** of the above apply then the household contacts **must** isolate for **10 days**.

CONFIRMED case(s) following a Positive **LFD** Test

Positive LFD Result

From 11th Jan 2022 you no longer need to take a follow up PCR test.
Report the positive test result online at:
[Report LFD result on GOV.UK](https://www.gov.uk/report-lfd-result)
Inform setting of positive result.

Ensure positive young person isolates at home for **10 days**, along with any members of their household who are **over 18 yrs & 6 months and have not had 2x COVID vaccines**.

ALL children/young people can take an LFD test on Days 6&7 – 24 hours apart. 2 X negative tests mean they can return to setting following the second test, if they do not have a temperature (see table below).

For **symptomatic** cases the day the symptoms began is DAY ZERO.

You need to add 10 further days after DAY ZERO.

For **asymptomatic** cases the date of the test is DAY ZERO.

You need to add 10 further days after DAY ZERO.

If anyone else in the household becomes unwell and tests positive for Covid-19 they will need to restart/start their 10 day isolation (or 7 days following 2x negative LFDs – see table below). The members of the family who have been isolating as a contact, do not need to extend their isolations after completing the 10 days.

Ending self-isolation if you have had COVID-19 symptoms or have received a positive COVID-19 test result

