

## Coronavirus information for Parents/Carers (From Fri 11th<sup>th</sup> Dec 2020)

For general advice about COVID-19 and the symptoms to look for go to: [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus)

Child, or someone in your household, develops symptoms of COVID-19: new continuous cough (coughing frequently for more than an hour, or 3 or more coughing episodes in 24 hours) and/or high temperature and/or a loss of, or change in, normal sense of taste or smell (anosmia).

If your child is at home, **do not send them to their education setting**. Inform the setting through absence reporting.

If your child develops symptoms at their education setting, they will be separated from others and **sent home**.

If your child, or anyone in your household, has symptoms they must isolate at home for **10 days** (from date of onset of symptoms). The rest of the household should isolate for **10 days**.  
If your child does not have symptoms but someone in the household does, your child and all other household members without symptoms must isolate at home for **10 days**.

Book a test as soon as possible for anyone in your household with symptoms. This can be done online at: [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus).

**Please do not let anyone from your household go into a setting or work until the test result is known.**  
Alternatively a test can be ordered by phone on NHS 119 for those without the internet.

Your closest test location will be offered when you book, and both drive-in and walk-in tests are available in Bedford. You may need to visit the website regularly for more slots to be released. If you are not able to walk or drive to the test centre, and no-one you live with can take you, you can request a home test kit.  
**Do not take a taxi or use public transport.**

Result of test (you will receive this by email or text message).  
**It is important you inform the setting of the result as soon as possible.**

**Negative**

Child can return to setting once well. The rest of the household can stop isolating.

**Positive**

Inform setting of positive test result as soon as possible.

Ensure positive case completes remainder of **10 day** isolation period (from date of onset of symptoms). Household members without symptoms should complete **10 day** isolation – even if they have received a negative test result.

NHS test and trace service will send you a text or email alert or call you with instructions of how to share details of people with whom you have had close, recent contact and places you have visited.

If your child is identified as having been **in close contact with a confirmed case**, they will be asked to self-isolate for **10 days**. The rest of the household does not need to isolate unless the child/close contact develops symptoms. **ONLY GO FOR A TEST IF SYMPTOMATIC**

For medical advice call NHS 111, or in an emergency call 999

If a child is a confirmed case they can return to school after **10 days**. However if they still have a temperature, diarrhoea or are being sick they should wait a further 48 hours after these symptoms stop. If a household member is a confirmed case, but child does not develop symptoms, they can return to setting only after completing the **10 days** household isolation period.